

# The protective role of hydrogen-rich saline in experimental liver injury in mice

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**Background & Aims:** Reactive oxygen species (ROS) are considered to play a prominent causative role in the development of various hepatic disorders. Antioxidants have been effectively demonstrated to protect against hepatic damage. Hydrogen (H<sub>2</sub>), a new antioxidant, was reported to selectively reduce the strongest oxidants, such as hydroxyl radicals (·OH) and peroxy-nitrite (ONOO<sup>-</sup>), without disturbing metabolic oxidation–reduction reactions or disrupting ROS involved in cell signaling. In place of H<sub>2</sub> gas, hydrogen-rich saline (HS) may be more suitable for clinical application. We herein aim to verify its protective effects in experimental models of liver injury.

**Methods:** H<sub>2</sub> concentration in vivo was detected by hydrogen microelectrode for the first time. Liver damage, ROS accumulation, cytokine levels, and apoptotic protein expression were, respectively, evaluated after GalN/LPS, CCl<sub>4</sub>, and DEN challenge. Simultaneously, CCl<sub>4</sub>-induced hepatic cirrhosis and DEN-induced hepatocyte proliferation were measured.

**Results:** HS significantly increased hydrogen concentration in liver and kidney tissues. As a result, acute liver injury, hepatic cirrhosis, and hepatocyte proliferation were reduced through the quenching of detrimental ROS. Activity of pro-apoptotic players, such as JNK and caspase-3, were also inhibited.

**Conclusions:** HS could protect against liver injury and also inhibit the processes leading to liver cirrhosis and hepatocyte compensatory proliferation.

**Keywords:** Hydrogen-rich saline; Acute hepatic failure; Hepatic cirrhosis; Hepatocyte proliferation; Reactive oxygen species; Inflammation; Apoptosis; JNK.

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**Abbreviations:** ROS, reactive oxygen species; ·OH, hydroxyl radicals; ONOO<sup>-</sup>, peroxy-nitrite; HS, hydrogen-rich saline; NS, normal saline; GalN, D-galactosamine; LPS, lipopolysaccharide; CCl<sub>4</sub>, carbon tetrachloride; DEN, diethylnitrosamine; AHF, acute hepatic failure; H<sub>2</sub>, hydrogen; O<sub>2</sub><sup>-</sup>, superoxide anion radical; H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide; NO, nitric oxide; IHC, immunohistochemical; DHE, dihydroethidine; HSC, hepatic stellate cells; RC, regular chow.

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## Introduction

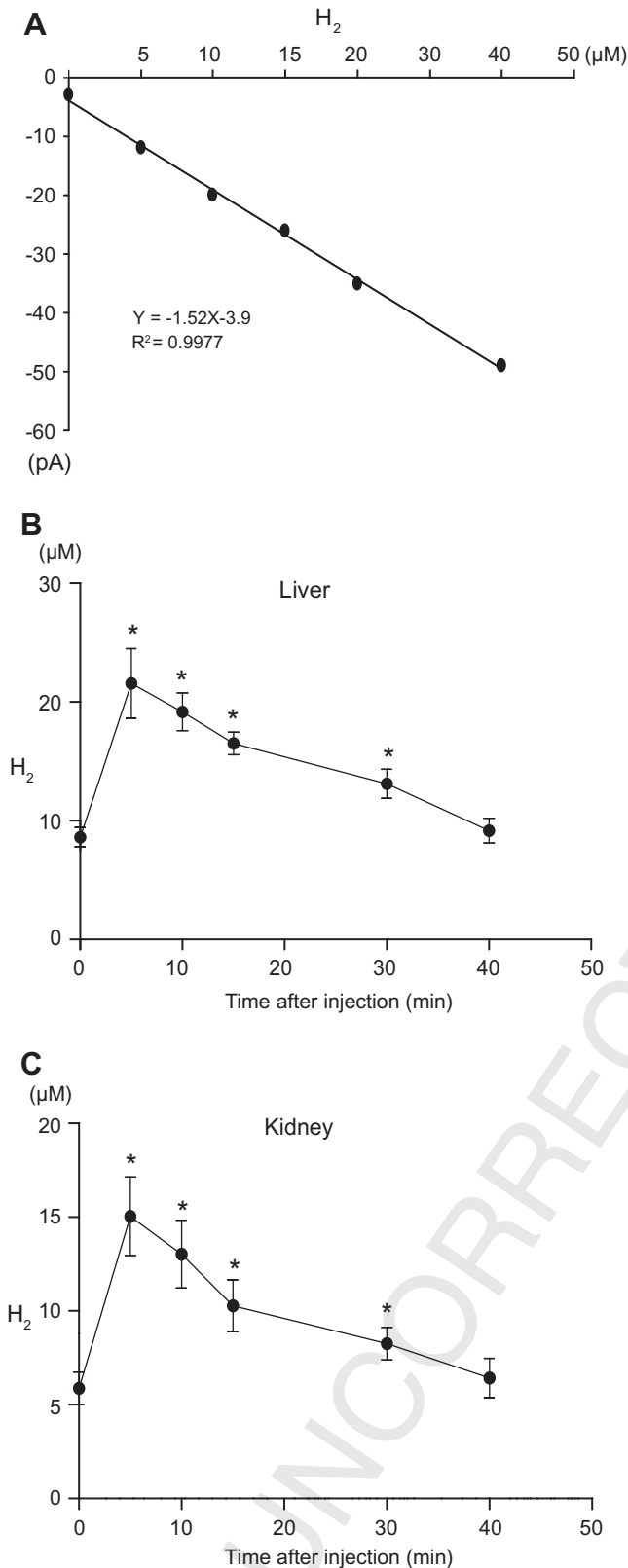
Acute hepatic failure (AHF) is defined as the rapid onset of severe hepatocellular dysfunction with poor prognosis. It frequently results from hepatitis virus infection, the induction of drugs and toxins, or hepatic ischemia–reperfusion injury. Oxidative stress has been regarded as a major contributor to the development of various hepatic disorders including acute hepatic failure, hepatic fibrosis, and hepatic cancer [1–3]. Moreover, it also represents an imbalance between the production of ROS and the activity of antioxidant defense systems [4]. Earlier reports have demonstrated that antioxidants were effective in protecting against hepatic damage by inhibiting free radical generation or scavenging for free radicals generated by other biochemical reactions [5,6].

Molecular hydrogen (H<sub>2</sub>), the lightest and most abundant chemical element, has been defined as a novel antioxidant, which selectively quenches detrimental ROS, such as ·OH and ONOO<sup>-</sup>, while maintaining metabolic oxidation–reduction reaction and other less potent ROS, such as superoxide anion radical (O<sub>2</sub><sup>-</sup>), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), and Nitric oxide (NO·) [7]. Hydrogen acts as a reductant for molecules that are strongly pro-oxidant [8,9]. Unlike most known antioxidants, which are unable to successfully target organelles, hydrogen has advantageous distribution characteristics for its capability to penetrate biomembranes and diffuse into the cytosol, mitochondria, and nucleus [10]. It has been demonstrated that the inhalation of H<sub>2</sub> gas can reduce brain, liver, or heart ischemia–reperfusion injury as well as intestinal graft injury, via its antioxidant effect [7,11–13]. Moreover, inhalation of H<sub>2</sub> gas was more efficacious than a treatment currently approved for cerebral infarction [7]. These findings indicate that the beneficial effects of H<sub>2</sub> could be used for the treatment of hepatic and other diseases. However, in clinical application, inhalation of H<sub>2</sub> gas is not convenient and is dangerous because of its flammable and explosive nature even at a concentration of 4.7% in air.

In contrast to H<sub>2</sub> gas, HS (H<sub>2</sub> saturated in saline) is easily administered and is safe for clinical application. It has been

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- 77 reported that HS can prevent or reduce early pathological  
78 changes and also lead to long lasting functional improvement  
79 in neonatal hypoxia-ischemia rat models [14]. However, it  
80 remains unclear whether HS has similar protective effects on  
81 acute hepatic injury, and whether it can prevent ROS-induced cell  
82 death in inflammation of the liver. In this study, we demon-  
83 strated that HS could alleviate liver injury in experimental  
84 GalN/LPS, CCL<sub>4</sub>, or DEN-induced AHF models, and revealed the  
85 clinical potential of HS for preventive and therapeutic anti-oxida-  
86 tive applications.
- 87 **Materials and methods**
- 88 *Preparation of hydrogen-rich saline*
- 89 The detailed information for the preparation of HS was described in our previous  
90 reports [15].
- 91 *Animals*
- 92 Male C57Bl/6 mice (20–25 g) were obtained from the Model Animal Research  
93 Center of Nanjing University in Nanjing, China. They were maintained under con-  
94 trolled conditions (25 °C, 55% humidity and 12 h day/night rhythm) and fed stan-  
95 dard laboratory food. All experimental procedures were approved by the  
96 Institutional Animal Care and Use Committee of Second Military Medical Univer-  
97 sity (Shanghai, China).
- 98 *Experimental model for hydrogen distribution studies in mice*
- 99 Eight milliliter per kilogram HS or its control, NS, was injected into mice via the  
100 peritoneal cavity. The mice were anesthetized with pentobarbital (0.7 µg/g body  
101 weight, i.p.) and placed in supine position. An incision was made on the midline  
102 of the abdomen under aseptic conditions. Heparin saline 0.5 ml (50,000 U/L) was  
103 injected into the peritoneal cavity. Hydrogen microelectrode (dia. 50 µm) was  
104 penetrated into the liver and kidney at a depth of 300 µm.
- 105 *Mice model of hepatic failure*
- 106 GalN (Sigma, USA) was administered i.p. at 800 mg/kg followed with lipopolysac-  
107 charide treatment (LPS, i.p., 20 µg/kg; Sigma, USA). HS (8 ml/kg) or an equivalent  
108 volume of NS as control was given intraperitoneally every 1 h after the adminis-  
109 tration of GalN/LPS. After stimulation of GalN/LPS (800 vs. 20 µg/kg or 800 vs.  
110 5 µg/kg body weight), survival rates of mice were measured (*n* = 15 each group).  
111 CCL<sub>4</sub> mixed with olive oil (1:19 v/v, 4 ml/kg) was gaged for acute hepatic  
112 injury and cirrhosis (3 times/week, 12 weeks) model [16,17].  
113 DEN (100 mg/kg; Sigma, USA) was injected intraperitoneally for acute hepatic  
114 injury [18].  
115 Either HS (8 ml/kg) or an equivalent volume of NS as control was given intra-  
116 peritoneally every 3 h after the administration of CCL<sub>4</sub> or DEN.
- 117 *Histology of mice liver tissue*
- 118 IHC analysis was performed with phospho-c-Jun antibody, F4/80 antibody, and α-  
119 SMA antibody, using methods as described previously [19].
- 120 *Measurement of transaminase activities*
- 121 Activities of serum aminotransferases (ALT and AST) were determined by an  
122 automated procedure in the Department of Inspection, Eastem Hepatobiliary Sur-  
123 gery Hospital.
- 124 *Cytokine measurement in murine serum*
- 125 Levels of TNF-α and IL-6 were measured with a commercial ELISA kit following  
126 the instructions of the manufacturer (Dakewe, Shenzhen, China) (Synergy 2  
127 Multi-Mode Microplate Reader, BioTek, USA).
- Analysis of hepatocyte apoptosis*
- 128 Apoptotic hepatocytes were detected by terminal deoxynucleotidyl transferase  
129 dUTP nick end labeling (TUNEL) (Olympus BX51, Olympus, Japan) staining  
130 according to manufacturer's recommendations of In Situ Cell Apoptosis Detection  
131 kit (Keygen, Nanjing, China) (Synergy 2 Multi-Mode Microplate Reader, BioTek,  
132 USA. Caspase-3 activities were measured using fluorometric caspase activity  
133 detection kits (Keygen, Nanjing, China) (Synergy 2 Multi-Mode Microplate  
134 Reader, BioTek, USA. The assays were performed as recommended by the  
135 manufacturer.
- Measurement of ROS and GSH*
- 136 Liver cryosections prepared 5 h after GalN/LPS injection and 48 h after CCL<sub>4</sub> lavage  
137 were incubated with 2 mM dihydroethidine hydrochloride for 30 min at 37 °C. Cells  
138 staining positive for the oxidized dyes were identified by fluorescence microscopy  
139 (Olympus IX70, Olympus, Japan). At the same time, liver homogenates were pre-  
140 pared and analyzed for GSH content with a commercial ELISA kit (Jiancheng, Nan-  
141 jing, China) according to the protocol provided by the manufacturer.
- Analysis of liver fibrogenesis*
- 142 mRNA was quantified by real-time PCR assay (7300 Real-Time PCR System,  
143 Applied Biosystems, USA) using double-stranded DNA-binding dye SYBR green-I  
144 (Trkara, Dalian, China), as described previously [20]. The expression of all the tar-  
145 get genes was normalized to 18S. The liver sections were stained with picro-sirius  
146 red for collagen distribution [21]. The content of hepatic hydroxyproline was  
147 determined by using the hydroxyproline kit following the protocol provided by  
148 the manufacturer (Genmed, Shanghai, China).
- Western blot analysis*
- 149 The anti-JNK, pJNK, PARP, α-SMA, and GAPDH, monoclonal antibodies were pur-  
150 chased from Neomarker, Santacruz, Kangcheng for Sigma and Cell signaling. Pro-  
151 tein concentration was determined by BCA method. Western blotting was  
152 performed as previously described [20].
- Detection of hepatocytes proliferation*
- 153 Hepatocyte proliferation was measured by Edu incorporation 72 h after DEN  
154 challenge. The assays were performed as recommended by the manufacturer of  
155 Edu detection kits (Ribobio, Guangzhou, China) (Olympus IX70, Olympus, Japan).
- Statistical analysis*
- 156 All results were expressed as mean ± standard deviation (SD). Differences  
157 between experimental and control groups were assessed by either the analysis  
158 of variance (ANOVA) or nonparametric tests, as applicable, using SPSS 16.0 (SPSS,  
159 Inc.). Recipient survival was plotted using the Kaplan–Meier method, and the dif-  
160 ferences between groups were analyzed using the log-rank test. A *p*-value of less  
161 than 0.05 was considered statistically significant.
- Results**
- 162 *Intraperitoneal injection of HS significantly increased H<sub>2</sub>  
163 concentration in liver and kidney tissues*
- 164 The H<sub>2</sub> levels in liver and kidney tissues were measured by H<sub>2</sub>  
165 microelectrode (Denmark–Unisense). A linear correlation was  
166 found between the current value of H<sub>2</sub> microelectrode and hydro-  
167 gen concentration (H<sub>2</sub> concentration: 0–40 µM, R<sup>2</sup> = 0.9977,  
168 Fig. 1A). As shown in Fig. 1B and C, concentrations of molecular  
169 H<sub>2</sub> peaked approximately 5 min following HS injection in the liver  
170 and kidney, and returned to normal levels 40 min later. These  
171 results suggest that HS is an ideal tool for molecular H<sub>2</sub> induction,  
172 and intraperitoneal administration of HS could efficiently deliver  
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**Fig. 1. Concentration of hydrogen in mice abdominal organs and blood samples.** (A) The standard curve represents the linear correlation of hydrogen concentration (µM) in saline and the current value (pA). (B and C) H<sub>2</sub> molecules concentration was changed after injected hydrogen-rich saline in mice abdominal organs (liver or kidney, n = 8, \*p < 0.05 vs. time, 0 min).

hydrogen into the liver and kidney. In addition, we measured the pH values of HS and NS, and found no significant difference in the pH levels of the two solutions (NS, 7.35 ± 0.02 vs. HS, 7.32 ± 0.03).

*GalN/LPS-induced liver injury was reduced by HS treatment*

The effect of HS was tested in a widely accepted model of fulminant hepatitis, i.e. in the model of GalN/LPS-induced liver injury. HS (8 ml/kg) or an equivalent volume of NS as control was injected every hour after GalN/LPS challenge. Liver injury was strongly reduced as determined by measurement of serum transaminase activities 5 h after GalN/LPS administration (Fig. 2A). Histological examination of liver tissue by H&E staining revealed a prominent preservation in the liver structure of HS-treated animals (Fig. 2B). To characterize the inflammatory infiltration, sections of liver were subjected to immunohistochemical (IHC) staining to identify the presence and distribution of macrophages. As shown in Fig. 2C, GalN/LPS treatment resulted in the accumulation of macrophages in close vicinity to injured hepatocytes. However, the infiltration of macrophages was blunted in AHF mice followed with HS administration. In accordance with histological and biochemical findings, cytokine expression of injury markers was also blunted in HS-treated mice. As shown in Fig. 2D, GalN/LPS-induced increment of pro-inflammation cytokines TNF-α and IL-6 in serum was remarkably prevented by treatment with HS. Furthermore, the mortality in HS treated group with GalN/LPS-induced fulminant hepatic failure was decreased to 46.7% (73% in NS group) at 10 h after GalN/LPS treatment (Fig. 2E, left panel). Similarly, HS also reduced the mortality of high dose GalN/LPS-treated mice (Fig. 2E, right panel).

These data demonstrate a notable improvement in the condition of mice with GalN/LPS-induced acute hepatic failure if followed with HS administration, as compared with that of control mice.

*HS reduced ROS-induced pro-apoptotic signaling and hindered the activation of JNK in GalN/LPS-challenged mice*

As GalN/LPS-induced liver injury is characterized by apoptosis of hepatocytes, the expression and activity of pro-apoptotic molecules were examined 5 h after GalN/LPS treatment. The purpose is to verify whether HS exerted its protective activity by preventing cell death. As shown in Fig. 3A and B, although the administration of GalN/LPS resulted in a dramatic activation of caspase-3 and cleavage of PARP, these effects were markedly decreased in the presence of HS. Similar results were also observed in liver tissue samples by applying TUNEL-based IHC assay (Fig. 3C).

In the GalN/LPS model, TNF-α-induced ROS generation is the major mediator leading to apoptotic liver injury [22]. To verify whether the protective function of HS resulted from the reduction of ROS accumulation, we assessed the levels of hepatocyte superoxides. Freshly frozen liver sections were stained with dihydroethidine (DHE), whose oxidation gives rise to the fluorescent derivative ethidine [23]. GSH levels of fresh liver tissue were then detected. As expected, the administration of HS remarkably decreased the amount of DHE-positive hepatocytes and increased the levels of GSH (Fig 3D and E). Similarly, serum ALT level (Fig. 3F) was also reduced in GalN/LPS-sensitized mice fed with the antioxidant BHA-supplemented diet. Consistent with this notion, ROS-enhanced JNK activation, which contributed to liver

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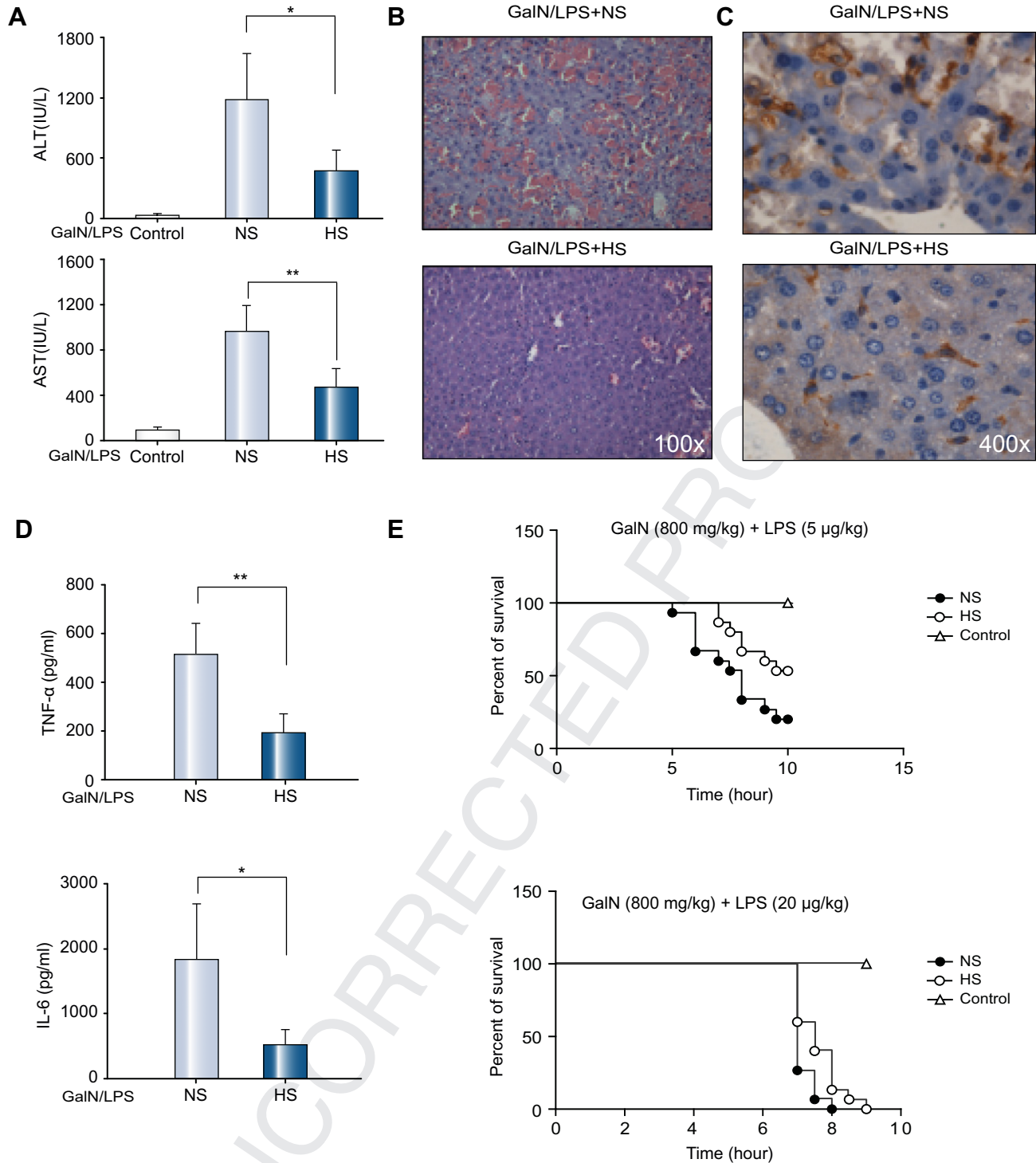
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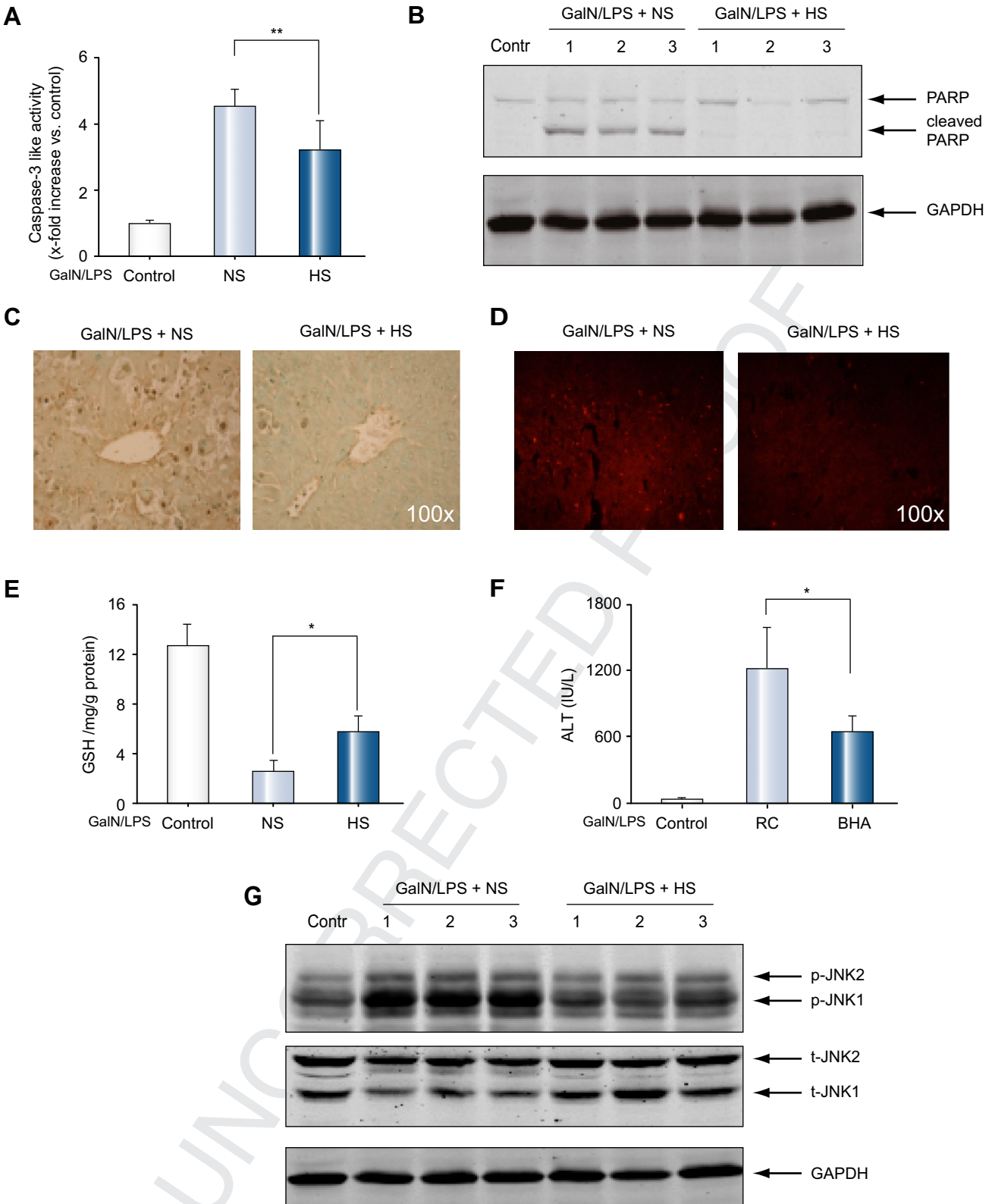


**Fig. 2. HS leads to a significant decrease in acute liver injury 5 h after GalN/LPS challenge.** (A) Transaminase levels (AST and ALT) of mice (n = 8, mean ± SD, \*\*p < 0.01, \*p < 0.05 vs. NS). (B) Hematoxylin–eosin staining of mice liver sections. (C) IHC staining with F4/80 antibody of mice liver sections. (D) TNF-α and IL-6 serum levels of mice were determined by ELISA (n = 8, mean ± SD, \*\*p < 0.01, \*p < 0.05 vs. NS). (E) HS reduced the mortalities of low (left graph) and high dose (right graph) GalN/LPS-treated mice (CON group n = 5, HS or NS groups n = 15, Kaplan–Meyer, log-rank test, p < 0.05 HS vs. NS).

237 failure, was prevented by HS administration (Fig. 3G) or BHA diet  
238 (data not shown). These data indicated that HS might exert its

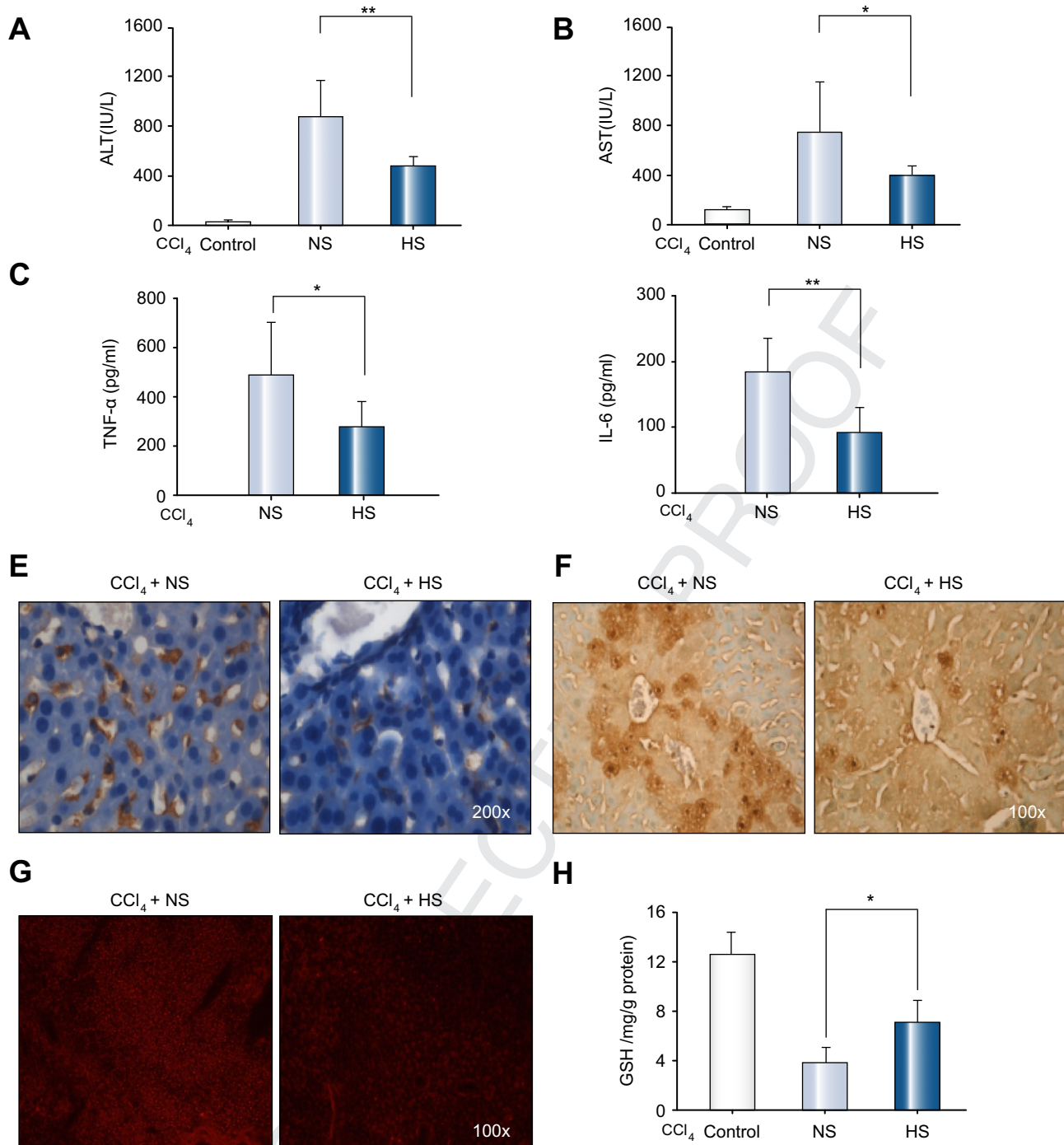
anti-apoptotic activity by preventing the effects of oxidative  
stress and JNK signaling.

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**Fig. 3.** HS attenuated ROS-induced pro-apoptotic signaling in GalN/LPS challenged mice. (A) Caspase-3 like activity assay, controls were defined as 1.0 ( $n = 8$ , mean  $\pm$  SD,  $^{**}p < 0.01$  vs. NS). (B) Hepatic expression of PARP, cleaved PARP, GAPDH. (C) Liver histology stained with TUNEL. (D and E) Accumulation of hepatocyte superoxides assessed by staining freshly frozen liver sections with dihydroethidine (DHE) and measuring hepatic GSH levels ( $n = 8$ , mean  $\pm$  SD,  $^*p < 0.05$  vs. NS). (F) Effects of BHA on serum transaminase activities in GalN/LPS-treated mice [ $n = 8$ , mean  $\pm$  SD,  $^*p < 0.05$  vs. RC (regular chow)]. (G) Hepatic expression of t-JNK, p-JNK and GAPDH.

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**Fig. 4. Role of HS in acute liver injury 12 h after CCl<sub>4</sub> challenge.** (A and B) ALT and AST serum levels of mice (n = 8, mean ± SD, \*\*p < 0.01, \*p < 0.05, vs. NS). (C and D) TNF-α and IL-6 serum levels of mice determined by ELISA (n = 8, mean ± SD, \*\*p < 0.01, \*p < 0.05 vs. NS). (E) IHC staining with F4/80 antibody of mice liver sections. (F) Liver histology stained with TUNEL. (G) and (H) Accumulation hepatocyte superoxides assessed by staining freshly frozen liver sections with dihydroethidine (DHE) and measuring hepatic GSH levels (n = 8, mean ± SD, \*p < 0.05 vs. NS).

241 *HS attenuated acute liver injury in the CCl<sub>4</sub> model of hepatitis*

242 To examine whether HS also controlled ROS accumulation and in  
 243 turn attenuated liver injury, we injected HS via the peritoneal  
 244 into CCl<sub>4</sub>-treated mice. CCl<sub>4</sub> challenge increased the serum levels  
 245 of ALT and AST by approximately 24- and 6-fold, respectively.

246 These levels were markedly lowered after administration of HS  
 247 (Fig. 4A and B). Measurement of serum TNF-α and IL-6 also indicated  
 248 the protective effects of HS against the release of injury-  
 249 mediated cytokines (Fig. 4C and D). In addition, IHC and apoptosis  
 250 analysis revealed a decrease in the amount of macrophage infil-  
 251 tration and TUNEL-positive hepatocytes in the HS-treated group

252 (Fig. 4E and F). Furthermore, the reduced accumulation of super-  
253 oxides and an increase in GSH content were detected in livers of  
254 CCl<sub>4</sub>-treated mice followed with HS administration (Fig. 4G and  
255 H). Taken together, these data indicate that HS could attenuate  
256 CCl<sub>4</sub>-sensitized acute liver injury.

257 *Chronic CCl<sub>4</sub> treatment-induced hepatic cirrhosis was alleviated in*  
258 *the presence of HS*

259 To investigate whether HS has protective effects against CCl<sub>4</sub>-  
260 induced chronic liver injury and cirrhosis, collagen deposition,  
261 and hepatic stellate cell (HSC) activation were examined between  
262 groups treated with CCl<sub>4</sub> plus NS or CCl<sub>4</sub> plus HS injection. After  
263 CCl<sub>4</sub> administration, mice were injected intraperitoneally once  
264 every day with a single dose of HS. As shown in Fig. 5A and B, sir-  
265 ius red staining and hydroxyproline content gradually increased  
266 after chronic CCl<sub>4</sub> treatment, but were significantly reduced in  
267 the HS injection group. Western blot and IHC analyses also  
268 revealed a similar reduction of  $\alpha$ -SMA expression in liver sections  
269 (Fig. 5C and D). Furthermore, we examined the mRNA expression  
270 of early markers of fibrogenesis, including collagen- $\alpha$ 1 (encoded  
271 by Col1a1) (Fig. 5E) and  $\alpha$ -SMA (encoded by Acta2) (Fig 5F)  
272 [24], and observed approximately 50% reduction upon HS injec-  
273 tion in the CCl<sub>4</sub> treatment model. These results suggest that HS  
274 has a protective capability against CCl<sub>4</sub>-induced chronic liver  
275 injury and cirrhosis.

276 *HS reduced liver injury and hepatocyte proliferation in DEN-*  
277 *challenged mice*

278 DEN is the chemical procarcinogen that is widely used to induce  
279 hepatocarcinogenesis in mouse and rat models. ROS accumula-  
280 tion has been suggested to be a major contributor to DEN-  
281 induced HCC by promoting inflammation and stimulating compen-  
282 satory proliferation [18,25]. As shown in Fig. 6A, serum ALT  
283 and AST levels were increased upon DEN administration but  
284 reduced after HS injection (HS vs. NS, ALT: 303.40/529.24 IU/L,  
285 AST: 237.17/371.64 IU/L). The concentration of the tumor-pro-  
286 moting cytokine IL-6 was also lower in the HS group than in  
287 the NS group (Fig. 6B). In addition, IHC analyses revealed that  
288 JNK activation was reduced in the DEN plus HS model (Fig. 6C).  
289 This was detected by phosphorylation of c-Jun, a specific JNK sub-  
290 strate, which mostly occurred in hepatocytes that were involved  
291 in DEN metabolism and ROS production [3]. Interestingly, HS not  
292 only reduced acute liver injury, but also inhibited hepatocyte  
293 compensatory proliferation. As shown in Fig. 6D, the level of  
294 Edu-positive hepatocytes was reduced in HS-treated mice 72 h  
295 after DEN administration. Thus, HS has protective capability  
296 against DEN-induced acute liver injury and compensatory  
297 proliferation.

## 298 Discussion

299 ROS, which include  $\cdot$ OH, ONOO $^-$ , O $_2^-$ , H $_2$ O $_2$ , and NO $\cdot$ , are impor-  
300 tant cytotoxic and signaling mediators in the pathophysiology  
301 of inflammatory liver diseases [26,27]. Among them,  $\cdot$ OH and  
302 ONOO $^-$  are much more reactive than others and have been  
303 regarded as major cytotoxic mediators of cellular oxidative dam-  
304 age [28–30]. Previous studies have reported that H $_2$  reacts only  
305 with the strongest oxidants ( $\cdot$ OH and ONOO $^-$ ), which is advanta-

geous for medical procedures, since H $_2$  is mild enough not to dis-  
turb metabolic oxidation reduction reactions or disrupt ROS  
involved in cell signaling—unlike some antioxidant supplements  
with strong reductive reactivity [7]. We now demonstrated that  
hydrogen-saturated saline also prevents ROS accumulation, cyto-  
kine production, and cell death in various types of liver injury.

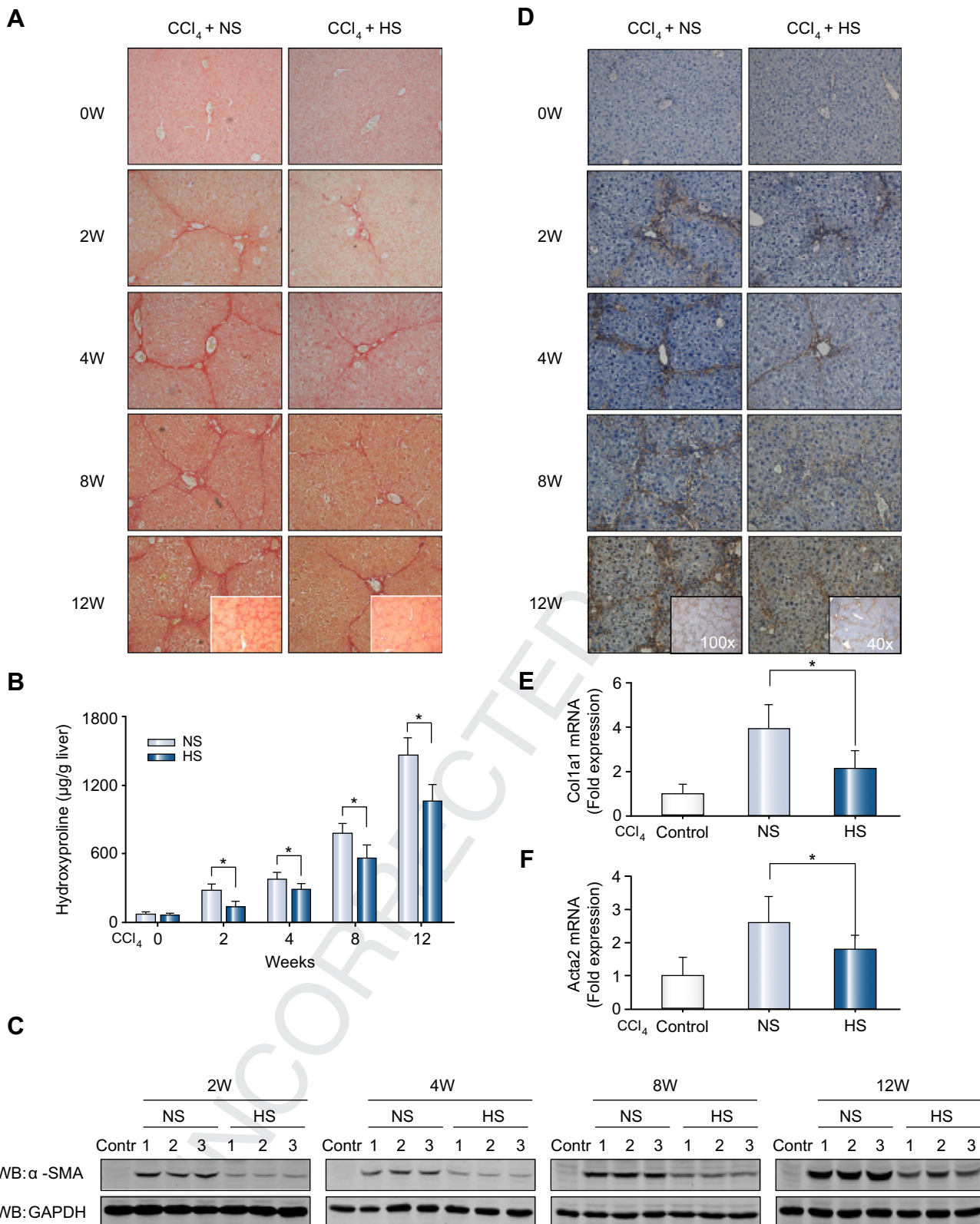
Gas chromatography-based technology has been successfully  
applied to examine the concentration of H $_2$  in blood, and it has  
been reported that dissolved H $_2$  in arterial and venous blood  
was increased by the inhalation of H $_2$  or the administration of  
H $_2$ -water [31]. It was supposed that the elevated H $_2$  level in  
serum might lead to the incorporation of H $_2$  into organs, and thus  
plays a pivotal protective role in oxidative stress-induced tissue  
damage. The facts that H $_2$  protected mitochondria and nuclear  
DNA and that the amount of H $_2$  dissolved in venous blood was  
less than that in artery blood provided indirect evidences that  
H $_2$  could penetrate most membranes and diffuse into organelles.  
However, there is a lack of direct evidence in vivo that the con-  
centration of H $_2$  was enhanced after H $_2$  inhalation or HS  
administration.

To verify whether the injection of HS could increase the organ  
levels of H $_2$ , a real time dynamic method with glass-based H $_2$   
microelectrode was developed to accurately, continuously, and  
directly monitor the concentration of H $_2$  in abdominal organs  
for the first time. After HS injection, H $_2$  concentration in the liver  
and kidney reached a peak 5 min later and gradually decreased to  
normal levels after 40 min. The arterial/venous blood pH was also  
measured after HS administration, and no significant difference  
was observed between the HS and NS groups (Supplementary  
Fig. 1), which suggested that HS treatment has no effect on the  
blood PH. To our knowledge, it is a direct evidence of the diffu-  
sion of H $_2$  in the organs. These data also indicate that it is realiz-  
able to prevent ROS accumulation by intraperitoneal  
administration of HS in the organs, such as the liver and kidney.

Oxidative stress activates various kinds of apoptotic signaling  
pathways, among which we focused particularly on JNK. This is  
due to a number of recent reports which have shown that JNK  
activation, following oxidative stress, induces apoptosis via acti-  
vation of c-Jun, through the caspase-dependent mitochondria  
pathway in the liver. In a model of fulminant liver failure  
(GalN/LPS), a disease that is associated with many complications  
and high mortality, administration of HS resulted in a marked  
reduction of liver injury. ROS down regulation by HS or antioxi-  
dant BHA, as shown here, led to reduced apoptotic activity (PARP  
cleavage and caspase-3 activation) as well as decreased inflama-  
tory cytokine release and tissue damage after GalN/LPS chal-  
lenge. Importantly, phosphorylation, and consequent activation  
of the pro-apoptotic kinase JNK, was blocked after HS administra-  
tion (Fig. 3G) or BHA induction (data not shown). This indicated  
that HS may be exerting its protective role by preventing the acti-  
vation of the ROS-JNK-caspase-3 pathway. Moreover, the accu-  
mulation of Kuffer cells in the liver (Fig. 2C) was also  
attenuated after HS injection, which may lead to further decrease  
of inflammatory cytokine (such as TNF- $\alpha$ , IL-6) production and  
release.

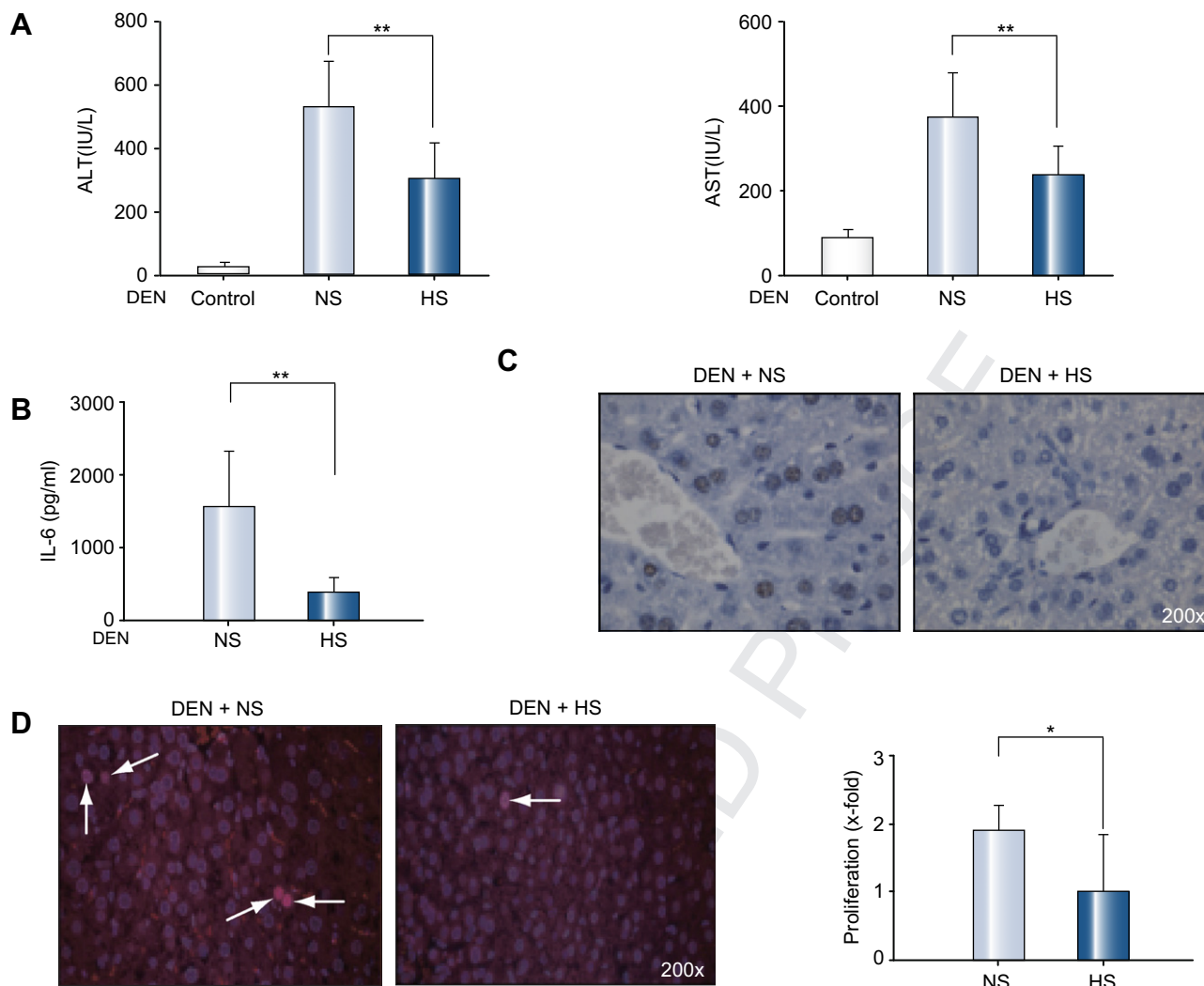
CCl<sub>4</sub> and DEN-sensitized AHF are the other two settings where  
ROS accumulation was thought to be responsible for liver damage  
[18,25,32,33]. As shown in Figs. 4 and 6, HS resulted in a similar  
beneficial outcome as seen in the model of GalN/LPS-induced  
liver damage by scavenging for ROS and inhibiting the activation  
of its downstream JNK pathway (data not shown). The level of

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**Fig. 5. HS reduced hepatic cirrhosis 12 W after CCl<sub>4</sub> treatment.** (A and B) Collagen deposition was evaluated by sirius red staining and hydroxyproline measurement 2, 4, 8, and 12 W after CCl<sub>4</sub> challenge. (C and D) Expression of α-SMA was determined by Western blot analysis and IHC. (E and F) Hepatic levels of Col1a1 (E), Acta2 (F) mRNA were measured by qPCR in the HS group (n = 8) and NS group (n = 8) 72 h after CCl<sub>4</sub> challenge and gene expression in control group was arbitrarily assigned the value of 1 (\*p < 0.05 vs. NS).





**Fig. 6. Effects of HS treatment in acute liver injury after DEN challenge.** (A) ALT and AST levels in serum were determined 48 h after DEN injection. (n = 8, mean ± SD, \*\*p <0.01 vs. NS). (B) Role of HS on serum IL-6 4 h after DEN challenge. (n = 8, mean ± SD, \*\*p <0.01 vs. NS). (C) Expression of phospho-c-Jun in DEN-treated livers. (D) Hepatocyte proliferation (upper panel) was measured by Edu incorporation at 72 h and quantified by counting five randomly chosen high-power fields (\*p <0.05).

367 serum transaminases and the concentration of inflammatory  
 368 cytokines in serum were lower in the HS group than in its coun-  
 369 terpart NS group. Histopathological findings also demonstrate the  
 370 HS protective effects to AHF.

371 Liver cirrhosis is a common scarring response to all forms of  
 372 chronic liver injury and is always associated with inflammation  
 373 that contributes to fibrogenesis. The use of antioxidants, such  
 374 as SAME and vitamin E, has been reported to successfully delay  
 375 the progress of hepatic cirrhosis and reduce liver damage [34].  
 376 In line with this notion, the effect of HS in the model of CCl<sub>4</sub>-  
 377 induced chronic liver damage was observed. Both the collagen  
 378 deposition and nodule number were inhibited in the presence  
 379 of HS. It is the first report of the protective role HS can play in  
 380 chronic liver injury, and suggests that HS could be used to pre-  
 381 vent and retard fibrogenesis in medical application. Further stud-  
 382 ies with other models of cirrhosis are warranted.

383 A causal link between ROS accumulation and cancer has been  
 384 proposed. Previous results obtained in a mouse model in which  
 385 HCC was induced by the chemical procarcinogen DEN suggest

that DEN-induced oxidative stress leads to hepatocyte death,  
 cytokine release, compensatory proliferation, and eventually,  
 HCC development [35]. We now showed that HS could reduce  
 transaminase activities and inflammatory cytokine (IL-6) produc-  
 tion in DEN-induced liver injury. IL-6 is a multifunctional cyto-  
 kine, which is largely responsible for compensatory hepatocyte  
 proliferation that has a critical role in DEN-induced hepatocarci-  
 nogenesis [36]. Indeed, we also found the remarkable reduction  
 in DEN-induced hepatocyte proliferation in the HS group (Fig  
 6B). Further investigation on the contribution of HS to the devel-  
 opment of HCC should be performed.

In conclusion, we herein presented a novel antioxidant-HS,  
 which is easier and safer to apply than H<sub>2</sub> gas, and could selec-  
 tively remove ROS. We examined the impact of HS in the inflam-  
 matory models of GalN/LPS, CCl<sub>4</sub>, and DEN challenge,  
 respectively. HS attenuates liver injury and also inhibits the pro-  
 cesses leading to liver cirrhosis and hepatocyte compensatory  
 proliferation. This reveals the potential application of HS to target  
 oxidative stress and alleviates liver injury clinically.

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### 417 Appendix A. Supplementary data

418 Supplementary data associated with this article can be found, in  
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